



# REDFISH GRILL



## BREAKFAST

From 8am- 11:30 weekdays

Noon on weekends

Start your day with a Tropicana Juice!!!  
Orange or Apple \$2.75 for Large

### CAKES

- Big Shark Breakfast** **\$8.95**  
You have to be hungry for this one! 3 eggs  
2 Pancakes, 2 Sausages, 2 Bacon, Hash  
Browns & Toast
- Kayla's Breakfast** **\$6.50**  
2 eggs, 2 pancakes & 2 crispy bacon
- Cakes & Eggs** **\$5.99**  
3 homemade pancakes & 2 eggs, any style.
- Pancakes**  
Our secret recipe for Pancakes.  
**Short Stack (3)** **\$3.99**
- Pancakes & Berries with Whip Cream**  
3 delicious pancakes topped with mixed  
berries **\$6.99**
- Orange Poppy Seed Pancakes** **\$6.50**  
Sunflower & poppy seeds, oats, soy milk  
and orange juice. **VGN**

### EGGS

- Sausage & Eggs** **\$5.95**  
2 eggs, 2 Country Sausages, Hash browns  
& toast.
- Ham Steak & Eggs** **\$5.95**  
2 Eggs, Thick Hickory Ham, home made  
Hash browns and toast
- Redfish Special** **\$4.99**  
2 Eggs, any style, Bacon, Hash Browns and  
Toast No Substitutes Please.
- Eggs -No Meat** **\$3.99**  
2 Eggs any style, homemade Hash Browns &  
Toast **No Substitutes Add Tomato Slices \$1.50**
- Steak & Eggs** **\$10.99**  
**6oz** Strip loin, 2 eggs Toast & Hash Browns
- Redfish Egg & Muffin** **\$4.99**  
Egg & Cheese, tomato, red onions & mayo  
on a toasted English Muffin. Served with Hash  
Browns. **Add Bacon \$1**
- Breakfast Bagel** **\$4.99**  
Egg, red onion, peppers on a toasted bagel  
(Our version of a Denver) & Hash Browns  
**Add Cheese \$1 Add Bacon \$1**

### OTHER GOOD STUFF

- Huevo Ranchero** **\$8.50**  
2 eggs, Chorizo Sausage, 2 cheeses, peppers,  
onions & black bean salsa wrapped in a warm  
tortilla. Served with side fresh salsa & homemade  
hash browns.
- Tofu Scramble** **\$7.95**  
Tofu, artichoke hearts, peppers, black bean salsa  
onions olives and feta cheese. Served with Hash  
Browns & toast. **Hold the Cheese for VGN Version.**
- Maple Cinnamon French Toast** **\$5.99**  
Deliciously thick pieces of French Toast,  
lightly dusted with icing sugar. Crispy bacon.

**Toast: White, Multi Grain or Brown**

- Breakfast Ciabatta** **\$8.99**  
Scrambled eggs with fresh tomatoes, spinach,  
Feta cheese and red onions on a ciabatta bun,  
with chipotle mayo. Hash browns

- BREAKFAST - NO QUESTIONS!!** **\$4.99**  
2 Eggs over easy, bacon, hash browns & multi  
grain toast. For those of you who party to hard to  
make a decision In honour of our friend Bruce

This building was build in 1921 and has been a restaurant ever since then. It has been known as the L D Café, Kens Café, Seven Seas and Amanda's. The building has a colourful history and we have been told there is a ghost who roams the basement.

**Move on over to the other side** ➡➡➡➡➡➡➡➡

## OMELETTES

### WESTERN \$7.95

Eggs, Onions, Peppers, Tomatoes, Cheese  
Mushrooms. Hash Browns & Toast

### HAM, MUSHROOM & CHEDDAR \$7.95

Eggs, Cheddar Cheese, Mushrooms & ham.  
Served with Hash Browns & Toast.

### GUINNESS INFUSED CHEDDAR \$8.99

Eggs, Guinness infused cheddar cheese,  
bacon & onions. A taste treat. Hash browns  
and toast.

### GREEK \$7.95

Feta Cheese, Spinach, Olives, Artichoke  
Hearts and Eggs. Hash Browns & Toast.

**Toast: White, Multi Grain or Brown**

## SIDES

Toast	\$1.50
Hash Browns	\$1.50
1 Egg	\$1.50
2 Sausages	\$2.50
Bacon	\$2.50
Ham	\$2.50
1 Pancake	\$1.50
Tomato Slices	\$1.50
Berries	\$2.99
Side Fresh Salsa	\$ .75

## ON THE LIGHTER SIDE

**BAGEL & CREAM CHEESE \$2.50**

**BAGEL, CREAM CHEESE & LOX \$4.99**

**YOGURT & BERRIES \$5.50**

Natural yogurt, topped with granola, wild  
blueberries, blackberries & raspberries.

**BLT SANDWICH \$6.99**

Bacon, Lettuce & Tomato Toasted. Served  
with Hash Browns. **Add Cheese \$1**

**HOT OATMEAL & TOAST \$4.99**

Oatmeal, Brown Sugar & Raisins

**RAIN FOREST MATE \$3**

A lush maté brew of fruit and spice. Maté  
is a South American herb treasured by  
generations for its tonic effect. Brew 5 min

<b>TAZOS TEAS</b>	<b>\$2</b>
<b>OSO NEGRO COFFEE &amp; REGULAR TEA</b>	<b>\$1.75</b>
<b>HOT CHOCOLATE</b>	<b>\$1.99</b>
<b>HOT APPLE CIDER</b>	<b>\$2</b>
<b>RAINFOREST MATÉ</b>	<b>\$3</b>
<b>TOMATO JUICE</b>	<b>\$2.75</b>
<b>APPLETISER 100% Pure sparkling Apple Juice</b>	<b>\$3.50</b>
<b>JUICES: Small</b>	<b>\$1.75</b>
<b>Large</b>	<b>\$2.75</b>
Orange, Apple, Pineapple, Cranberry, Pink Grapefruit.	
<b>MILK: Small</b>	<b>\$1.50</b>
<b>Large</b>	<b>\$1.99</b>

**Weekend Special: from \$7.95**

**Eggs Benedict: Ham, Bacon, or Tomato, Smoked Salmon - \$8.95**

**Available Saturday and Sunday 8am till 1pm.**